



## Age-Expected Child Development from Birth to 5 Years

The following are resources providing different kinds of information about age-expected skills and behaviors observed in children from birth to five years. Additional resources may be found on the Early Childhood Outcomes Center website ([www.the-eco-center.org](http://www.the-eco-center.org)) in the professional development section under ECO Resources.

### Age Expectation Developmental Milestones

([http://www.dpi.state.nd.us/speced/early/full\\_version%20.pdf](http://www.dpi.state.nd.us/speced/early/full_version%20.pdf))

This document was developed by North Dakota's Department of Public Instruction and presents age-expected functioning according to the three child outcomes. They also have a summary version- milestones by age group ([http://www.dpi.state.nd.us/speced/early/age\\_groups%20.pdf](http://www.dpi.state.nd.us/speced/early/age_groups%20.pdf)) and a three-page milestones quick reference ([http://www.dpi.state.nd.us/speced/early/quick\\_ref.pdf](http://www.dpi.state.nd.us/speced/early/quick_ref.pdf)).

**American Academy of Pediatrics** (<http://www.healthychildren.org/English/ages-stages/Pages/default.aspx>).

Offers health and developmental milestones for different stages, and developmental signs which may need further evaluation.

**Centers for Disease Control** (<http://www.cdc.gov/ncbddd/actearly/milestones/index.html>)

This webpage provides bulleted information on developmental milestones for children from 3 months to 5 years of age and offers developmental warning signs for each age group. The site also offers interactive charts and checklists by age, video on milestones, and select areas of development, and examine expected changes in milestones over time.

**First Signs** (<http://www.firstsigns.org/healthydev/healthydev.htm>)

*First Signs* is a public awareness and training program addressing early detection and intervention of autism and other developmental disorders. This site provides information on monitoring development, typical milestones, video clips of children with ASD, and tips on sharing concerns.



### **Illinois Child Development Modules: Understanding Young Children's Development**

Two narrated modules were developed by training personnel in Illinois based on content developed by the University of Connecticut Center for Excellence in Developmental Disabilities. The modules correspond to the child outcome areas and are focused on identifying age-appropriate skills:

- **Understanding Young Children's Development: A Focus on Positive Social Emotional Skills** (<https://ucpnet.adobeconnect.com/a47435447/p59659093/>)
- **Understanding Young Children's Development: Acquiring and Using Knowledge and Skills** (<https://ucpnet.adobeconnect.com/a47435447/p9bq60bntyx/>)

### **Infant and Toddler Connection of Virginia** (<http://www.infantva.org/ovw-DeterminationDevelopmentOSEP.htm>)

This manual was developed to provide a resource to assist practitioners in determining how a child is functioning in relation to their same aged peers in the three OSEP outcome areas. The manual reviews typical child development among ages birth to three.

### **The National Institute on Deafness and Other Communication Disorders** (<http://www.nidcd.nih.gov/health/voice/speechandlanguage.asp>)

This site provides background information on speech and language development from birth to 5 years. Interactive checklists for different ages are available.

### **The University of Maryland Medical Center** <http://www.umm.edu/ency/article/002348.htm>

This site provides an overview of common developmental milestones and recommendations for play activities at various ages from birth to 5 years.

### **Zero to Three** (<http://www.zerotothree.org/child-development/>)

Brain development, challenging behaviors, mental health topics, play, social development, temperament, and more. Each section has interactive tools, parent handouts, tip Sheets, FAQ's, articles, PowerPoint slides, and other resources.

